

2010 NPC LOUISIANA BODYBUILDING CHAMPIONSHIPS

OPEN TO LOUISIANA RESIDENTS ONLY

MEN'S DIVISIONS
OPEN / JUNIORS / NOVICE /
MASTERS / TEEN

WOMEN'S DIVISIONS
OPEN

OPEN CHAMPIONS

STATE CHAMPIONSHIP
SCULPTURED STATUE
\$200 TRAVEL EXPENSE
MONEY

TICKETS FOR THE FINALS ARE ALL SEATS RESERVED

MAIN FLOOR VIP FRONT SECTION SEATING --- \$39.50 plus TICKETMASTER FEES and includes admission to Prejudging, Seminars, and best seats at the Finals. Present VIP ticket at all events.
MAIN FLOOR REAR SECTION --- \$33.50 plus TICKETMASTER FEES
BALCONY --- \$29.50 plus TICKETMASTER FEES
CHILDREN (12 & UNDER) --- \$19.50 plus TICKETMASTER FEES

ADMISSION to PREJUDGING and SEMINARS

For those without VIP tickets, admission to the Prejudging is \$20.00 and admission to the Bodybuilding Seminar is \$15 payable at the door.

LifeFitness
interactive fitness solutions

CrossGates
SLIDELL LOUISIANA

MOHAMAD BHLAWAN
Real Estate Appraiser
(337) 781-5260

TRUMP NETWORK



ACADIANA
Doctors of Chiropractic
Lafayette, LA

AIRLINE
ATHLETIC
CENTER



PLANET NUTRITION
LAFAYETTE • BATON ROUGE

PINHOOK CHIROPRACTIC
RE/MAX OF ACADIANA

CITY TAN OF LAFAYETTE
NICKEY DUHON

HCR
HealthCare Resources, Inc.

xtreme
NUTRITION

POWER SHACK
www.powershack.com

Presented by:
NATIONAL QUALIFIER

MAGNUM PRODUCTIONS

PHIL HEATH



IFBB PRO BODY BUILDER

S
P
E
C
I
A
L

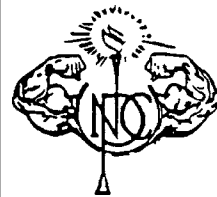
G
U
E
S
T
S

JAMIE EASON



FITNESS SUPERMODEL

#10192



SATURDAY, JULY 10, 2010
HEYMANN PERFORMING ARTS CENTER
1373 SOUTH COLLEGE ROAD
LAFAYETTE, LOUISIANA



PREJUDGING 9:00 A.M. • FIGURE SEMINAR 12 NOON
BODYBUILDING SEMINAR 2:00 P.M. • FINALS 6:00 P.M.

www.LaChampionships.com

FOR INFORMATION CONTACT:
MAGNUM PRODUCTIONS

TOMMY GUARISCO • P.O. BOX 4371 • HOUMA, LA 70361 • (985) 868-3936 • EMAIL: fitshow@bellsouth.net

2010 NPC LOUISIANA WOMEN'S FIGURE & BIKINI CHAMPIONSHIPS

OPEN TO LOUISIANA RESIDENTS ONLY

FIGURE & BIKINI OPEN CHAMPIONS

CHAMPIONSHIP
SCULPTURED STATUE
\$200 TRAVEL EXPENSE
MONEY

HOST HOTEL



WOMEN'S FIGURE DIVISIONS
OPEN / MASTERS

WOMEN'S BIKINI DIVISIONS
OPEN / MASTERS

AFTER SHOW DINNER CELEBRATION



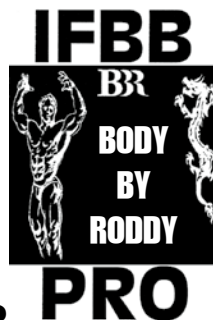
3151 JOHNSTON ST.
LAFAYETTE, LA

ticketmaster

Tickets are available through all TICKETMASTER locations; charge by phone at 504-522-5555 or order online at www.ticketmaster.com.



Blending Nutrition
With Great Taste.



THE HEALTH & FITNESS CENTER OF JENNINGS

2010 NPC LOUISIANA BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

P.O. BOX 4371
HOUMA, LA 70361



S
P
E
C
I
A
L

G
U
E
S
T
S



NPC LOUISIANA BODYBUILDING DIVISIONS		
CLASSES/CATEGORIES:		
MEN'S OPEN	BANTAM	UP TO AND INCLUDING 143 ¼ LBS
	LIGHT	OVER 143 ¼ & UP AND INCLUDING 154 ¼ LBS
	MIDDLE	OVER 154 ¼ & UP AND INCLUDING 176 ¼ LBS
	LIGHT HEAVY	OVER 176 ¼ & UP AND INCLUDING 198 ¼ LBS
	HEAVY	OVER 198 ¼ & UP AND INCLUDING 225 ¼ LBS
	SUPER HEAVY	OVER 225 ¼ LBS
WOMEN'S OPEN	LIGHT	UP TO AND INCLUDING 115 LBS
	MIDDLE	OVER 115 & UP AND INCLUDING 125 LBS
	LIGHT HEAVY	OVER 125 & UP AND INCLUDING 140 LBS
	HEAVY	OVER 140 LBS
MEN'S JUNIORS	LIGHT	UP TO AND INCLUDING 164 ¼ LBS
	MIDDLE	OVER 164 ¼ & UP AND INCLUDING 187 ¼ LBS
	HEAVY	OVER 187 ¼ LBS
MEN'S NOVICE	LIGHT	UP TO AND INCLUDING 164 ¼ LBS
	MIDDLE	OVER 164 ¼ & UP INCLUDING 187 ¼ LBS
	HEAVY	OVER 187 ¼ LBS
MEN'S MASTERS 40+		ONE CLASS
MEN'S MASTERS 50+		ONE CLASS
MEN'S MASTERS 60+		ONE CLASS
TEEN MEN		ONE CLASS
<i>NOTE: ONLY TEENS AND MASTERS MAY ENTER TWO EVENTS</i>		
NATIONAL QUALIFIER:		
	TOP TWO PLACEMENTS IN EACH OPEN WEIGHT CLASS QUALIFY FOR A NPC NATIONAL COMPETITION	
POSING/MUSIC	60 SECOND POSING ROUTINE FOR PREJUDGING WITHOUT MUSIC 60 SECONDS POSING ROUTINE FOR FINALS WITH MUSIC BRING HIGH QUALITY RECORDING ON LABELED CD . . . AND BRING BACKUP CD AS SPARE	
AWARDS	*TOP 5 IN OPEN DIVISIONS AND OVERALL, TOP 3 IN ALL OTHER DIVISIONS WITH WEIGHT CLASSES AND OVERALL, TOP 5 IN ALL DIVISIONS ONLY ONE CLASS *SCULPTURE STATUES TO ALL WINNERS AND PLACEMENTS	
OVERALL OPEN WINNER:	*\$200 TRAVEL MONEY TO A NATIONAL NPC COMPETITION	

NPC WOMEN'S FIGURE DIVISIONS	
NATIONAL QUALIFIER	TOP 5 IN EACH HEIGHT CLASS WILL BE ELIGIBLE FOR THE JR. USA OR JR. NATIONALS, AND ONLY THE TOP 3 IN EACH HEIGHT CLASS WILL BE ELIGIBLE FOR THE NATIONAL FIGURE CHAMPIONSHIP
AWARDS	TOP 5 IN OPEN DIVISIONS AND OVERALL, TOP 3 IN ALL OTHER DIVISIONS SCULPTURE STATUES TO ALL WINNERS AND PLACEMENTS
OVERALL OPEN WINNER:	\$200 TRAVEL MONEY TO A NATIONAL NPC COMPETITION
DIVISIONS	OPEN ONE ROUND OF JUDGING — TWO-PIECE SWIMSUIT HIGH HEELS REQUIRED
OPEN DIVISION	3 HEIGHT CLASSES SHORT — UP TO AND INCLUDING 5'4" MEDIUM — OVER 5'4" & UP TO AND INCLUDING 5'6" TALL — OVER 5'6"
	MASTERS 35+ DIVISION — ONE HEIGHT CLASS
NPC WOMEN'S BIKINI OPEN	
AWARDS	TOP 5 IN OPEN DIVISIONS AND OVERALL, TOP 3 IN ALL OTHER DIVISIONS SCULPTURE STATUES TO ALL WINNERS AND PLACEMENTS
OVERALL OPEN WINNER:	\$200 TRAVEL MONEY TO A NATIONAL NPC COMPETITION
DIVISIONS	OPEN ONE ROUND OF JUDGING — TWO-PIECE SWIMSUIT HIGH HEELS REQUIRED
	OPEN DIVISION — 3 HEIGHT CLASSES SHORT — UP TO AND INCLUDING 5'4" MEDIUM — OVER 5'4" & UP TO AND INCLUDING 5'6" TALL — OVER 5'6"
	MASTERS 35+

GENERAL INFORMATION

ENTRY FEE.....ALL ENTRIES \$55, 2ND EVENT \$45
ENTRY DEADLINE.....POSTMARKED ON OR BEFORE MONDAY, JULY 5, 2010
 LATE FEE OF \$25 WILL BE ASSESSED IF NOT RECEIVED BY FRIDAY AT CHECK-IN/WEIGH-IN TIME. ENTRIES WILL BE TAKEN UNTIL WEIGH-IN/CHECK-IN ENDS ON FRIDAY
ELIGIBILITY.....MEMBER OF THE NPC
 OPEN TO LOUISIANA RESIDENTS ONLY
 DRIVERS LICENSE REQUIRED OR OTHER FORM OF PROOF OF RESIDENCY
 CHECK W/ PROMOTER OR LA NPC CHAIRMAN LUKE TESVICH ON RESIDENCY ISSUES
RULES.....NPC RULES WILL PREVAIL (GO TO WWW.NPCNEWSONLINE.COM FOR RULES)
NPC MEMBERSHIP.....ALL ENTRIES ARE REQUIRED TO BE A MEMBER OF THE NPC (NATIONAL PHYSIQUE COMMITTEE). SEND COPY OF NPC 2010 MEMBERSHIP CARD OR CONTACT NPC LOUISIANA CHAIRMAN LUKE TESVICH AT (504) 439-6224 OR BY EMAIL: NPCLAOFFICE@AOL.COM
MEMBERSHIP COST.....\$90
MEMBER RECEIVES.....ELIGIBLE TO COMPETE IN ALL LOCAL, STATE OR REGIONAL 2009 NPC EVENTS
 INSURANCE COVERAGE
 6 ISSUES OF NPC NEWS FREE OF CHARGE (NO BACK ISSUES)
WEIGH-IN/CHECK-IN.....AT COMFORT INN, LAFAYETTE..... FRIDAY EVENING 5:00 - 8:00 PM
 NO LATE WEIGH-IN OR LATE CHECK-IN ON SATURDAY
ATHLETES MEETING.....OFFICIAL ATHLETE MEETING SET FOR 7:30 AM ON SATURDAY MORNING AT HEYMANN HOTEL
HOTEL.....COMFORT INN, LAFAYETTE (337) 232-9000 AND ASK FOR THE SPECIAL BLOCK OF ROOMS UNDER LOUISIANA BODYBUILDING CHAMPIONSHIPS. A SPECIAL RATE OF \$73.00 HAS BEEN ARRANGED FOR SINGLE OR DOUBLE.
VIDEO.....VIDEO WILL BE PERMITTED FOR THE PREJUDGING BUT NOT THE FINALS. A PROFESSIONAL VIDEO OF THE FINALS WILL BE AVAILABLE FOR SALE. CONTACT THE PROMOTER. PRICE OF VIDEO \$65 PLUS \$4.95 SHIPPING.

TENTATIVE SCHEDULE

FRIDAY, JULY 10, 2009
WEIGH-IN/CHECK IN: 5-8 PM AT OFFICIAL HOTEL - COMFORT INN, LAFAYETTE

SATURDAY, JULY 11, 2009
ATHLETE MEETING 7:30 AM SHARP
PREJUDGING BEGINS 9:00 (ALL OPEN COMPETITORS UP 1ST)
MEET AND GREET 12 NOON AT RED'S with Jamie Eason
BODYBUILDING SEMINAR 2:00 PM AT HEYMANN PERFORMING ARTS CENTER
DOORS OPEN FOR FINALS 5:00 PM
FINALS BEGIN 6:00 PM
SHOW ENDS 10:00 PM
AFTER-SHOW
CHAMPIONS CELEBRATION 10:00 PM AT SERRANOS SALSA CO. JOHNSTON ST

BODYBUILDING SEMINAR 2:00 PM

With **PHIL HEATH** Hosted by **MIKE COX**
 Heymann Performing Arts Center

*Seminars are free to all competitors, NPC officials, VIPs and other badge holders.
 Admission is \$15.00 to all others*

DETACH & SEND CHECK OR MONEY ORDER MADE PAYABLE TO:

MAGNUM PRODUCTIONS
 P. O. BOX 4371 HOUMA, LA 70361

NAME _____
 ADDRESS _____
 CITY, STATE, ZIP _____
 HOME PHONE _____
 EMAIL _____

PERSONAL INFORMATION

AGE _____ ANTICIPATED WEIGHT _____ HEIGHT _____
 OCCUPATION _____
 GYM REPRESENTING _____
 SPONSOR (IF ANY) _____

 SHIRT SIZE S M L XL XXL _____

- BODYBUILDING EVENTS**
- MEN'S OPEN
 - WOMEN'S OPEN
 - MEN'S JUNIORS
 - MEN'S NOVICE
 - MEN'S MASTERS 40+
 - MEN'S MASTERS 50+
 - MEN'S MASTERS 60+
 - TEEN MEN

- WOMEN'S FIGURE EVENTS**
- WOMEN'S FIGURE OPEN
 - WOMEN'S FIGURE MASTERS 35+
- WOMEN'S BIKINI EVENTS**
- WOMEN'S BIKINI OPEN
 - WOMEN'S BIKINI MASTERS 35+

PLEASE READ AND SIGN BELOW: In consideration of you accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors or administrators, waive and release all rights and claim for damages I may have against *Tommy Guarisco/Magnum Productions/NPC* and them or their agents, representatives and assigns, for any and all injuries suffered by me at said Physique Contest. The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the *Comfort Inn of Lafayette*, including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the *NPC* and the promoter from and against any damages caused by the undersigned to the *Comfort Inn of Lafayette* or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the *Comfort Inn of Lafayette* or damage any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the *NPC* and/or competing in contests sanctioned by the *NPC*.

SIGNATURE OF CONTESTANT _____
 SIGNATURE OF PARENT (IF UNDER 18 YEARS) _____
 DATE _____